

# Aikido Kobayashi Dojo Kyu Promotion Test Requirements

January 2021

<b>7<sup>th</sup> Kyu</b>	Minimum of 3 months of practice after starting Aikido			
Waza	Zenko, Koho-ukemi Funakogi-undo Taisabaki (Tenkan, Kaiten, Irimi) Uchikata (Shomen-uchi, Yokomen-uchi, Tsuki) Ikkyo-undo: Zengo, Shiho (Tachiwaza) Shikko (Mae) <b>Aihanmi-katatedori</b> Ikkyo, Shihonage <b>Munadori</b> Ikkyo, Iriminage <b>Katatedori</b> Kokyunage			
<b>6<sup>th</sup> Kyu</b>	Minimum of 20 days of practice after being promoted to 7 <sup>th</sup> kyu			
Waza	Ikkyo-undo: Zengo, Shiho (Tachiwaza, Zagi) Shikko (Mae, Ushiro) Sotai-dosa (Irimi, Tenkan, Kaiten) <b>Katatedori</b> Nikyo, Iriminage, Shihonage <b>Ryotedori</b> Ikkyo, Tenchinage <b>Shomen-uchi</b> Ikkyo, Iriminage			
<b>5<sup>th</sup> Kyu</b>	Minimum of 30 days of practice after being promoted to 6 <sup>th</sup> kyu			
<b>Weapons</b>	<b>Ken</b>	Suburi-no-bu (Tachiwaza)		<b>Jo</b>
Waza	Shikko-kaiten Ikkyo-undo: Happo (Tachiwaza, Zagi) Sabaki-kata (Shomen-uchi, Tsuki) <b>Shomen-uchi</b> Nikyo, Kotegaeshi, Shihonage, <b>Katatedori</b> Kaitennage (Uchi-kaiten) <b>Ryotedori</b> Iriminage, Shihonage Zagi-kokyuhō			
<b>4<sup>th</sup> Kyu</b>	Minimum 40 days of practice after being promoted to 5 <sup>th</sup> kyu.			
<b>Weapons</b>	<b>Ken</b>	Kirikaeshi-no-bu (Tachiwaza)		<b>Jo</b>
Waza	<b>Shomen-uchi</b> Sankyo, Yonkyo <b>Yokomen-uchi</b> Iriminage, Kotegaeshi <b>Katate-ryotedori</b> Iriminage, Kokyuhō, Kokyunage <b>Munadori</b> Sankyo, Yonkyo <b>Zagi-shomen-uchi</b> Ikkyo, Nikyo, Iriminage			
<b>3<sup>rd</sup> Kyu</b>	Minimum 50 days of practice after being promoted to 4 <sup>th</sup> kyu.			
<b>Weapons</b>	<b>Ken</b>	Suburi and Kirikaeshi-no-bu (Tachiwaza, Zagi)		<b>Jo</b>
Waza	<b>Tsuki</b> Kotegaeshi, Yonkyo <b>Ushiro-ryotedori</b> Nikyo, Sankyo, Iriminage, Kokyunage <b>Yokomen-uchi</b> Shihonage, Kaitennage (Uchi-kaiten, Soto-kaiten) <b>Hanmi-handachi-ryotedori</b> Shihonage <b>Zagi-shomen-uchi</b> Kotegaeshi <b>Zagi-katatedori</b> Sankyo, Yonkyo			
<b>2<sup>nd</sup> Kyu</b>	Minimum 60 days of practice after being promoted to 3 <sup>rd</sup> kyu.			
<b>Ken</b>	Ashi-no-fumikae-no-bu (Tachiwaza), Tsuki-no-bu (Tachiwaza, Zagi)			
<b>Jo</b>	Tsuki, Men, Katate and Hasso-no-bu (basic stance)			
Tachi waza	<b>Katate-ryotedori</b> Iriminage (2 ways), Kotegaeshi <b>Katatedori</b> Ikkyo (with Sabaki), Iriminage (with Sabaki) <b>Shomen-uchi</b> Koshinage			
Hanmi Handachi	<b>Katatedori</b> Ikkyo~Yonkyo, Kaitennage (Uchi-kaiten, Soto-kaiten)			
Zagi	<b>Yokomen-uchi</b> Ikkyo~Yonkyo, Kotegaeshi, Iriminage			
Ushirowaza	<b>Ushiro-ryotedori</b> Ikkyo~Yonkyo, Kotegaeshi <b>Ushiro-katatedori-kubijime</b> Sankyonage			
Jiyu waza	Shomen-uchi Katate-ryotedori Tsuki			
<b>1<sup>st</sup> Kyu</b>	Minimum 70 days of practice after being promoted to 2 <sup>nd</sup> kyu.			
<b>Ken</b>	Zengo-no-ido (moving forward and backward): Suburi, Kirikaeshi, Tsuki-no-bu (Tachiwaza)			
<b>Jo</b>	13-no-jo (Hidari-hanmi) Tsuki, Men, Katate, Hasso and Nagare-no-bu (basic stance) Shikko-kaiten (2 ways)			
Tachi waza	<b>Katadori-menuchi</b> Ikkyo~Yonkyo, Iriminage <b>Ryotedori</b> Kotegaeshi (2 ways) <b>Yokomen-uchi</b> Kaiten-osae (Uchi-kaiten, Soto-kaiten), Udegarami, Ikkyo-gaeshi, Koshinage			
Hanmi Handachi	<b>Shomen-uchi</b> Ikkyo~Yonkyo, Iriminage			
Zagi	<b>Tsuki</b> Ikkyo~Yonkyo, Iriminage, Kotegaeshi			
Ushiro waza	<b>Ushiro-ryotedori</b> Shihonage, Jyujigarami <b>Ushiro-ryohijidori</b> Kotegaeshi, Ikkyo <b>Ushiro-katatedori-kubijime</b> Ikkyo, Nikyo, Iriminage			
Jiyu waza	Katate-ryotedori Yokomen-uchi Katatedori (with Sabaki)			

## Jo-no-bu

Tsuki-no-bu	1. Choku-zuki 2. Kaeshi-zuki 3. Ushiro-zuki 4. Tsuki-gedan-gaeshi 5. Tsuki-jodan-gaeshi
Men-no-bu	1. Shomen-uchikomi 2. Renzoku-uchikomi 3. Menuchi-ushiro-zuki 4. Menuchi-gedan-gaeshi 5. Hidari-yokomen-ushiro-zuki
Katate-no-bu	1. Katate-gedan-gaeshi 2. Katate-toma-uchi 3. Katate-hachinoji-gaeshi
Hasso-no-bu	1. Hasso-gaeshi-uchi 2. Hasso-gaeshi-zuki 3. Hasso-gaeshi-ushiro-zuki 4. Hasso-gaeshi-ushiro-uchi 5. Hasso-gaeshi-ushiro-barai
Nagare-no-bu	1. Hidari-nagare-kaeshi-uchi 2. Migi-nagare-kaeshi-zuki

## Ken-no-bu

Suburi-no-bu	1. Shikodachi 2. Hanmi (migi, hidari) 3. Zengo (migi, hidari) 4. Shiho (migi, hidari) 5. Happo (migi, hidari)
Kirikaeshi-no-bu	From 2 to 5 must be performed both standing ( <i>tachiwaza</i> ) and sitting ( <i>zagi</i> ).
Ashi-no-fumikae-no-bu	1. Mae - suburi (migi, hidari), kirikaeshi (migi, hidari) 2. Ushiro - suburi (migi, hidari), kirikaeshi (migi, hidari)
Tsuki-no-bu (kihon, fumikomi)	1. Hanmi (migi, hidari) 2. Zengo (migi, hidari) 3. Shiho (migi, hidari) 4. Happo (migi, hidari) Above all must be performed both standing ( <i>tachiwaza</i> ) and sitting ( <i>zagi</i> ).